

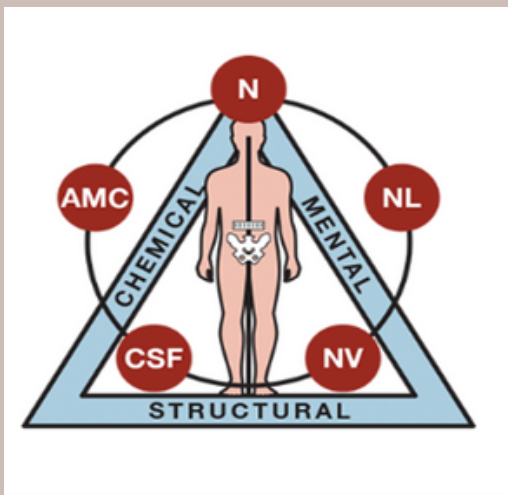
The Overlooked 3Ts: Conquer ANY Chronic Health Issue

CHIROGENESIS
BE HONORED. BE HEARD. BE HEALED.

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The Overlooked 3Ts

The Triad Of Health (TOH) is such a powerful tool to assess anyone's health. The lists the three basic causes of health problems, namely **structural**, **chemical**, and **mental** (with structure as the base of the triad).



Whilst Chiropractic is incredibly powerful for one's health...

it is only 1/3 of the entire triad.

Literally, all health problems involve one or more parts of the triad. This is not new to chiropractic as its founder, D.D. Palmer, states in his text, *The Science, Art, and Philosophy of Chiropractic*, "**The determining causes of disease are trauma, thoughts and toxins.**"

"The determining causes of disease are the 3Ts: Trauma, Thoughts and Toxins."

#1. Resolve ALL Trauma

- All incidents or accidents of trauma are harmful to body in some way. Regardless of trauma type - emotional, physical, mental, it must be resolved if you desire health

#2. Healthy Thought Life

- An unhealthy thought life has been linked to 80-95% of chronic incurable diseases today.
- “Heart rate variability (HRV), which is a measurement on the EKG, indicates heart health, which is the organ most affected by one’s thought life. HRV is by far the largest predictor of all diseases.” - Research by Institute of Heartmath published in Journals of Cardiology & Stress Medicine

#3. Healthy Inflammation

- Traditionally, spinal issues were a large part of chronic diseases, but not in our modern society. Our industrialized world is much more industrialized today. Our food is tainted with toxins, our hormones are destroyed, and our livestock is poisoned by unnatural feed for profit, etc.
- As a result, Chiropractic adjustments to the human spine no longer have that big of an impact on treatment of chronic disease. Yes, spinal adjustments are still powerful and valid, but to achieve optimal patient health, one must go *"Beyond Chiropractic"*.

**Let's now apply the
3Ts to a useable
clinical framework
that will help you!**

To your BRAIN, the control center, it apparently does not prioritize a “misalignment”...

Research shows - from highest priority to lowest priority,

- 1) Chronic & hidden trauma and injuries (**physical, mental, emotional**) - **2 out of 3 Ts are solved HERE!**
- 2) Nutritional imbalances - poor inflammation - **1 of 3 Ts is solved HERE!**
- 3) Immune system
- 4) Energy production
- 5) Hormone health
- 6) Gut health
- 7) **Joint misalignments or subluxations (most Chiropractors only do this)**

While adjustments to the spine can immediately help and relieve painful symptoms, the spine must not be overadjusted. This is precisely WHY I personally adjust any patient's problematic spinal area(s) only 3-4 times.

So apparently, the spine is not that important anymore today...

Get a FREE taste of what it means to regain control of ANY health issue!

Join me on my biweekly FREE interactive Zoom session every 2nd & 4th Saturday, 10am.

[CLICK HERE TO JOIN SESSION LIVE](#)

OR you can text Dr. Ben to stay updated via email on upcoming Zoom sessions

